| Programme | Associate Degree in Home Economics | Course Code | HETF-203 | Credit Hours | 1(1+0) |
|---|---|---|---|---|---|
| Course Title | Fundamentals of Textiles and Clothing | | | | |

**Course Introduction**

The main objective of this course is to learn the basic techniques used in the construction of a complete garment, from a basic neckline to a complete garment. Learn about the application of textile fibers according to their properties.

**Learning Outcomes**

On the completion of the course, the students will:
1. Construct a complete garment
2. Handle common textile fabrics and understand its characteristics

**Course Contents**

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|---|---|
| Week 1 | Textile Fiber: Introduction To Textile Fiber, Classification of Textile Fibers |
| Week 2 | Natural fibers: Characteristics of common natural fibers |
| Week 3 | Characteristics of common natural fibers |
| Week 4 | Characteristics of common Man-made fibers |
| Week 5 | Characteristics of common Synthetic fibers |
| Week 6 | Weaves and its three basic types |
| Week 7 | Personal Grooming: Definition and Importance, Grooming habits |
| Week 8 | **Mid Term** |
| Week 9 | Personality: Definition, Fashion personality types |
| Week 10 | Clothing suitable for different personalities |
| Week 11 | Clothing suitable for different personalities |
| Week 12 | Philosophy of clothing |
| Week 13 | Consumer Education: Consumer rights, Consumer responsibilities |
| Week 14 | Advertisements: Definition, Importance, Types |
| Week 15 | Labels: Definition, Importance, Types |
| Week 16 | **Final Term** |

**Text Books and Reading Materials**

Berners,L. T., & Fischetti. M. (2008). Weaving the web. Woodhead publishing limited.
Kadolph, S. J. (2011). Textiles. New Jersey: Prentice Hall.
Shivanna B. (2022). How to Look Well Groomed and Polished.
Pette B.(2008). The advertising concept book.
Skinner, T., & Schuck, J.P. (2002). The Clothing Label Book. Schiffer Pub Limited.
Howells, G., & Weatherill, S. (2017). Consumer Protection Law.
WeberJ. (2008). Clothing: fashion, fabrics & construction. McGraw Hill international.

**Teaching Learning Strategies**

Lecture-based learning through lectures and presentations.

Group learning through Group presentations.
Individual learning- through Quizzes and Assessments